

Hermanus Wheels & Runners 2010

Final Results 3

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
Racing Chairs 42km Men	1	1	1	RMM	Gerrit Hendricks	02.28.47	
	2	2	2	RMM	Eugene Klaasen	03.11.50	
Category	All	Cat	No	Cat	Name	Time	Remarks
Hand Cycles 42km Men	1	1	1M	HMM	Ernst Van Dyk	01.18.27	
	2	2	4	HMM	Stuart Mc Creadie	01.18.28	
	3	3	9	HMM	Andrew Stodel	01.36.58	
	4	4	5	HMM	Thomas Micklem	02.15.27	
Category	All	Cat	No	Cat	Name	Time	Remarks
Hand Cycles 42km Wom	1	1	6	HMF	Benise Van Uys	03.15.29	
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Category	All	Cat	No	Cat	Name	Time	Remarks
Racing Chairs Men 21,1km	1	1	114	RCM	Julian Godfrey	01.25.20	
	2	2	8032	RCM	Simazile Ntyikwe	01.28.36	
	3	3	120	RCM	Patrick Saayman	01.34.38	
	4	4	118	RCM	Jannie Pekeur	01.47.10	
Category	All	Cat	No	Cat	Name	Time	Remarks
Hand Cycles Men 21,1km	1	1	112	HCM	Eugene Steyn	00.53.13	
	2	2	108	HCM	Dirk Moll	01.02.31	
	3	3	105	HCM	Neels Gouws	01.11.02	
	4	4	111	HCM	Pieter Smith	01.17.52	
	5	5	103	HCM	Johannes Botha	01.19.07	
	6	6	106	HCM	Andries Hough	01.24.06	
	7	7	109	HCM	Elliot Mvanyazo	01.27.25	
	8	8	104	HCM	Willem Giessenberg	01.37.26	
	9	9	113	HCM	Tony Williams	01.46.43	
	10	10	102	HCM	Wentzel Barnard	02.07.41	
Category	All	Cat	No	Cat	Name	Time	Remarks
Hand Cycle Wom 21,1km	1	1	101	HCF	Ina Rowles	01.18.25	
	2	2	8010	HCF	Lourika Lemmer	02.10.41	
Category	All	Cat	No	Cat	Name	Time	Remarks
Tricycles Men 21,1km	1	1	187	TCM	Goldy Fuchs	00.52.09	
	2	2	447	TCM	Tasreeq Adams	01.49.30	

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	All	Cat	No	Cat	Name	Time	Remarks
Category	All	Cat	No	Cat	Name	Time	Remarks
Tricycles Wom 21,1km	1	1	184	TCF	Liana Bester	01.23.12	
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Category	All	Cat	No	Cat	Name	Time	Remarks
Wheelchairs Men LL 10km	1	1	253	LLM	Abduragman Salie	00.24.30	
	2	2	3011	LLM	Tareeq Adams	00.34.51	
	3	3	260	LLM	Thulani Simani	00.37.21	
	4	4	246	LLM	Angus Niekerk	00.40.00	
	5	5	212	LLM	Thulani Bota	00.43.03	
	6	6	3030	LLM	Galeboe Mogorosi	00.50.22	
	7	7	216	LLM	John Denver	00.55.01	
	8	8	239	LLM	Nkosibonile Mngoma	00.55.30	
	9	9	257	LLM	Lion Shezi	00.56.03	
	10	10	3052	LLM	Christoph Chulayo	00.56.42	
	11	11	3051	LLM	Anton Lombaard	00.57.28	
	12	12	252	LLM	Jesse Phalla	01.01.13	
	13	13	232	LLM	Moses Makhanya	01.02.42	
	14	14	263	LLM	Denzil Ventura	01.02.46	
	15	15	213	LLM	Etienne Brits	01.04.06	
	16	16	244	LLM	Muzi Myeza	01.06.10	
	17	17	119	LLM	Daniel Saayman	01.06.23	
	18	18	248	LLM	Zano Notununu	01.07.16	
	19	19	3055	LLM	Mbilane Siyabonga	01.08.29	
	20	20	3012	LLM	Sylvester Lambert	01.12.16	
	21	21	3054	LLM	Gwija Mayenzeke	01.13.24	
	22	22	215	LLM	Sydney De Bruyn	01.19.07	
	23	23	1013	LLM	Deidrian Jansen	01.23.09	
	24	24	217	LLM	Dumsani Dlamlenze	01.23.41	
	25	25	250	LLM	Nolan Peddy	01.28.34	
	26	26	219	LLM	Jacobus Esau	01.31.17	
	27	27	236	LLM	Thobani Mkhize	01.33.14	
	28	28	220	LLM	Isak Gerick	01.38.55	

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
	29	29	255	LLM	Siphiwe Shabalala	01.45.33	
	30	30	258	LLM	Bhekithemba Sibiya	01.55.48	
	31	31	3014	LLM	Willem Van Wyngaardt	02.00.10	
	32	32	262	LLM	Sibongiseni Sobhekwa	02.01.48	
Category	All	Cat	No	Cat	Name	Time	Remarks
Wheelchair Wom LL 10km	1	1	202	LLF	Line La Grange	00.56.48	
	2	2	201	LLF	Jabu Jele	01.24.05	
	3	3	208	LLF	Zanele Nene	01.28.32	
	4	4	205	LLF	Sayinile Mtolo	01.31.20	
	5	5	210	LLF	Goodness Sithole	01.32.18	
	6	6	204	LLF	Thandiwe Madolo	01.37.07	
	7	7	207	LLF	Thembisile Mtshali	01.56.00	
	8	8	206	LLF	Sizani Mtolo	02.00.05	
Category	All	Cat	No	Cat	Name	Time	Remarks
Snr Runners Men 21km	1	1	1402	SRM	Luyanda Qolo	01.15.34	
	2	2	1004	SRM	Alfred Tshabeni	01.20.51	
	3	3	8016	SRM	Thomas Moses	01.21.31	
	4	4	1008	SRM	Frans Yoko	01.22.49	
	5	5	160	SRM	Frank Gillion	01.28.27	
	6	6	1404	SRM	Godfrey Swartz	01.31.00	
	7	7	159	SRM	Philip Fyfer	01.32.18	
	8	8	8012	SRM	Elvis Tiwana	01.32.54	
	9	9	145	SRM	Rick Briers-Danks	01.34.04	
	10	10	154	SRM	Jeffrey Engel	01.34.22	
	11	11	174	SRM	Tsepo Shelembe	01.35.40	
	12	12	171	SRM	Julius Nhlangulela	01.38.13	
	13	13	172	SRM	Pieter Roelofse	01.39.55	
	14	14	180	SRM	R Van Weele	01.43.28	
	15	15	1403	SRM	Tshwareco Hoffman	01.43.28	
	16	16	170	SRM	Sbusiso Ndlovu	01.45.32	
	17	17	1018	SRM	Andie De Bruyn	01.46.56	
	18	18	149	SRM	Wilhelm Cooper	01.47.04	

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
	19	19	148	SRM	Johan Conradie	01.47.14	
	20	20	1022	SRM	Roderick Morrison	01.48.19	
	21	21	178	SRM	Pieter Taljaard	01.48.56	
	22	22	805	SRM	Julian K	01.51.16	
	23	23	8037	SRM	Julian Maggott	01.51.18	
	24	24	1019	SRM	Strymar Strydom	01.51.20	
	25	25	1009	SRM	Jimmy Adonis	01.52.09	
	26	26	1024	SRM	Morne Basson	01.52.13	
	27	27	173	SRM	Mark Rolfe	01.52.47	
	28	28	177	SRM	Johan Strydom	01.52.58	
	29	29	1406	SRM	Philip Du Toit	01.53.23	
	30	30	163	SRM	Barney Louw	01.54.20	
	31	31	1021	SRM	Reginald Noemdoe	01.55.12	
	32	32	158	SRM	Matthew Fuller	01.55.31	
	33	33	182	SRM	Hugh Waters	01.57.04	
	34	34	8033	SRM	Mr Griessel	01.57.13	
	35	35	1020	SRM	Christiaan Steyn	01.57.49	
	36	36	161	SRM	Andre Greyvenstein	01.58.45	
	37	37	3038	SRM	Johan Hugo	01.58.50	
	38	38	8038	SRM	Bryan Jack	01.59.33	
	39	39	8046	SRM	Mr Duke	02.02.24	
	40	40	166	SRM	Fanuel Mahlake	02.03.00	
	41	41	167	SRM	Mandla Mapondera	02.03.01	
	42	42	156	SRM	Faried Ferris	02.04.00	
	43	43	150	SRM	Carl De Clercq	02.04.36	
	44	44	3044	SRM	Mandla Sibiya	02.05.19	
	45	45	8058	SRM	Burger	02.05.36	
	46	46	151	SRM	Jan Du Plessis	02.08.11	
	47	47	147	SRM	Frederick Carstens	02.08.16	
	48	48	8024	SRM	Andy Daniels	02.10.11	
	49	49	1014	SRM	Sunette Swart	02.10.28	
	50	50	1012	SRM	Andre Swart	02.10.29	

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	All	Cat	No	Cat	Name	Time	Remarks
	51	51	8019	SRM	Pompies Stander	02.12.15	
	52	52	146	SRM	Johan Burger	02.12.32	
	53	53	168	SRM	Walter Miller	02.12.58	
	54	54	1023	SRM	Daniel Barow	02.13.03	
	55	55	155	SRM	Jannie Engelbrecht	02.13.12	
	56	56	169	SRM	Hilton Murray	02.13.14	
	57	57	3043	SRM	Sanele Skhakhanne	02.15.22	
	58	58	1027	SRM	Danie Ludick	02.17.12	
	59	59	162	SRM	Heinrich Heydenrych	02.21.50	
	60	60	157	SRM	Erin Fuller	02.21.53	
	61	61	8020	SRM	Gertjan Van Vliet	02.22.01	
	62	62	175	SRM	Steve Shipline	02.22.02	
	63	63	179	SRM	Petrus Van Der Walt	02.26.20	
	64	64	1401	SRM	Keith Solomon	02.42.27	
	65	65	1015	SRM	Elmora Smit	02.43.36	
	66	66	164	SRM	Abram Madiehe	02.57.40	
Category	All	Cat	No	Cat	Name	Time	Remarks
Snr Runners Wom 21km	1	1	132	SRF	Fleur Garton	01.32.53	
	2	2	8018	SRF	Hannelie Stander	01.37.29	
	3	3	121	SRF	Cailey Bredenkamp	01.43.14	
	4	4	125	SRF	Anzel Du Plessis	01.45.11	
	5	5	124	SRF	Marina De Milander	01.46.42	
	6	6	131	SRF	Arina Fyfer	01.47.15	
	7	7	143	SRF	Itha Taljaard	01.50.36	
	8	8	136	SRF	Christine Hibberd	01.52.44	
	9	9	123	SRF	Tarryn Cawood	01.52.59	
	10	10	1025	SRF	Elmien Vermaak	01.55.39	
	11	11	1017	SRF	Janice Nel	01.57.00	
	12	12	139	SRF	Venita Nel	01.58.01	
	13	13	134	SRF	Lyrese Greyvenstein	01.58.46	
	14	14	3039	SRF	Anneline Hugo	01.58.48	
	15	15	8023	SRF	Sheila Heideman	02.00.34	

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	All	Cat	No	Cat	Name	Time	Remarks
	16	16	8045	SRF	Mrs Swart	02.02.23	
	17	17	130	SRF	Franki Fouche	02.03.07	
	18	18	122	SRF	Wanda Carstens	02.04.03	
	19	19	140	SRF	Sillene Oppel	02.07.01	
	20	20	8044	SRF	Mrs Van Staden	02.07.04	
	21	21	135	SRF	Lizl Heerschap	02.10.24	
	22	22	128	SRF	Liezel Engelbrecht	02.13.08	
	23	23	138	SRF	Lizet Murray	02.13.10	
	24	24	1003	SRF	Anneline Nel	02.13.35	
	25	25	1026	SRF	Sunel Ludick	02.17.10	
	26	26	8003	SRF	Viva Durno	02.19.33	
	27	27	129	SRF	Michelle Fookwe	02.24.36	
	28	28	3040	SRF	Normah Bresler	02.25.34	
	29	29	144	SRF	Janke Van Der Walt	02.26.18	
	30	30	133	SRF	Emmie Gouws	02.50.19	
	31	31	127	SRF	Arlene Ehrenberg	02.50.28	
	32	32	126	SRF	Marize Edwards	02.52.10	
	33	33	137	SRF	Valerie Munnik	03.00.57	
Category	All	Cat	No	Cat	Name	Time	Remarks
Senior Runner Men 10km	1	1	3027	RSM	Joe Zibula	00.34.29	
	2	2	8017	RSM	Mladeli Mkhohlakali	00.37.53	
	3	3	3007	RSM	Morne Hansen	00.38.14	
	4	4	3045	RSM	Khulekani Ndlovu	00.45.52	
	5	5	3034	RSM	Mandla Xaba	00.47.34	
	6	6	3016	RSM	Solomon Ngubane	00.49.44	
	7	7	3023	RSM	Jonathan Such	00.51.11	
	8	8	3017	RSM	Michael Wahl	00.51.22	
	9	9	3020	RSM	Dirk Schoeman	00.52.06	
	10	10	3024	RSM	Wikus Valente	00.52.46	
	11	11	3015	RSM	Sithembiso Mpulo	00.53.27	
	12	12	321	RSM	Johan Coetzee	00.53.46	
	13	13	322	RSM	Freddie Cronje	00.55.36	

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
	14	14	729	RSM	David Brits	00.56.04	
	15	15	8048	RSM	Olivier	00.57.15	
	16	16	319	RSM	Anthony Briton	00.57.37	
	17	17	3019	RSM	Theuns Prinsloo	00.58.32	
	18	18	317	RSM	Marco Barbera	00.58.56	
	19	19	3032	RSM	Louis Koen	00.58.58	
	20	20	3003	RSM	Andre Erasmus	00.59.09	
	21	21	323	RSM	Tessel Crotz	01.01.46	
	22	22	3004	RSM	Nazeem Fakir	01.03.55	
	23	23	3005	RSM	Khalid Galant	01.03.58	
	24	24	3006	RSM	Horatio Godfrey	01.05.13	
	25	25	3026	RSM	Ewan Venter	01.06.19	
	26	26	3001	RSM	Alistair Walker	01.08.01	
	27	27	3022	RSM	Deon Smith	01.08.14	
	28	28	3013	RSM	Brian Mellon	01.08.26	
	29	29	320	RSM	Mike Cameron-Dow	01.08.31	
	30	30	3010	RSM	Rohan Kriel	01.08.33	
	31	31	3009	RSM	Johan Kriel	01.08.35	
	32	32	3008	RSM	Rudolf Hattingh	01.08.42	
	33	33	3021	RSM	Rodger Shagam	01.09.45	
	34	34	3033	RSM	Gert Koen	01.19.45	
	35	35	3025	RSM	Johan Van Zyl	01.32.17	
	36	36	3036	RSM	Ian Behr	01.40.36	
Category	All	Cat	No	Cat	Name	Time	Remarks
Senior Runner Wom 10km	1	1	282	RSF	Louise Erasmus	00.43.13	
	2	2	284	RSF	Emma Gray	00.45.31	
	3	3	280	RSF	Jeanie De Villiers	00.45.36	
	4	4	8063	RSF	Herbert	00.49.51	
	5	5	315	RSF	Elsa Venter	00.52.17	
	6	6	311	RSF	Collette Storm	00.52.36	
	7	7	3042	RSF	Lizette Kruger	00.54.01	
	8	8	313	RSF	Elizabeth Van Huyssteen	00.54.16	

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
	9	9	278	RSF	Alecia De Milander	00.55.15	
	10	10	309	RSF	Wanda Rosenleft	00.55.25	
	11	11	307	RSF	Germaine Roberts	00.56.03	
	12	12	3029	RSF	Lyn Mossner	00.56.09	
	13	13	3050	RSF	Sandra Van Zyl	00.56.52	
	14	14	3002	RSF	Barbara Pearson	00.58.17	
	15	15	295	RSF	Martelie Le Roux	00.58.40	
	16	16	308	RSF	Kim Romburgh	01.01.02	
	17	17	288	RSF	Hannale Herholdt	01.01.23	
	18	18	294	RSF	Marelle Le Roux	01.01.45	
	19	19	300	RSF	Heidi Mclachlan	01.02.14	
	20	20	303	RSF	Nokulunga Mkhize	01.02.15	
	21	21	285	RSF	Anli Groenewald	01.03.47	
	22	22	728	RSF	Elaine Brits	01.04.08	
	23	23	301	RSF	Dianne Mellon	01.06.10	
	24	24	306	RSF	Lesley Peck	01.06.21	
	25	25	274	RSF	Naomi Burger	01.06.33	
	26	26	271	RSF	Annatjie Berntzen	01.07.29	
	27	27	277	RSF	Julia Crotz	01.08.03	
	28	28	286	RSF	Sinead Hattingh	01.08.17	
	29	29	310	RSF	Maureen Shagam	01.12.50	
	30	30	276	RSF	Eileen Cameron-Dow	01.12.52	
	31	31	314	RSF	Sandra Van Zyl	01.14.30	
	32	32	272	RSF	Susanna Bosman	01.16.09	
	33	33	283	RSF	Marcia Godfrey	01.20.03	
	34	34	290	RSF	Elisabeth Honig	01.21.39	
	35	35	291	RSF	Mercia Honig	01.21.40	
	36	36	3037	RSF	Ina Davies	01.23.12	
	37	37	292	RSF	Sandy Keizerwaard	01.23.30	
	38	38	299	RSF	Carmen Marais	01.26.22	
	39	39	289	RSF	Ulin Herring	01.26.23	
	40	40	269	RSF	Joyce Archer	01.28.21	

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	All	Cat	No	Cat	Name	Time	Remarks
	41	41	270	RSF	Pamela Archer	01.28.23	
	42	42	287	RSF	Magdalena Henn	01.33.49	
	43	43	281	RSF	Petra Ellis	01.34.00	
Category	All	Cat	No	Cat	Name	Time	Remarks
Senior Runner Men 5km	1	1	425	RRM	Anton Engelbrecht	00.18.25	
	2	2	430	RRM	Johan Pretorius	00.19.28	
	3	3	469	RRM	Michael Khunyana	00.25.01	
	4	4	426	RRM	Johan Hugo	00.31.55	
	5	5	804	RRM	J P Kruger	00.33.32	
	6	6	428	RRM	Pierre Malan	00.34.23	
	7	7	421	RRM	Allister Barends	00.42.11	
	8	8	8028	RRM	Daniel Theron	00.44.31	
	9	9	8030	RRM	Pierre Eygelaar	01.05.43	
Category	All	Cat	No	Cat	Name	Time	Remarks
Senior Runner Wom 5km	1	1	414	RRF	Shane Hodges	00.20.07	
	2	2	411	RRF	Candice Da Rocha	00.28.28	
	3	3	511	RRF	Jeanne Cilliers	00.29.34	
	4	4	415	RRF	Rina Kriel	00.30.54	
	5	5	8062	RRF	Nepgen	00.31.26	
	6	6	8061	RRF	Erwee	00.31.26	
	7	7	8021	RRF	Alice Coombe	00.32.29	
	8	8	412	RRF	Karlie Hadingham	00.34.42	
	9	9	413	RRF	Marie Hector	00.40.43	
	10	10	420	RRF	Juanita Theron	00.41.31	
	11	11	410	RRF	Olivia Briton	00.49.30	
	12	12	419	RRF	Emmie Serfontein	00.53.18	
	13	13	417	RRF	Roseline Mac Donald	00.54.04	
	14	14	8026	RRF	Rhonda Johnson	00.55.04	
	15	15	8025	RRF	Venecia Johnson	00.55.07	
	16	16	416	RRF	Gretchen Mac Donald	01.01.32	
	17	17	8031	RRF	Maxie Van Zyl	01.03.37	
	18	18	8029	RRF	Marhelene Goosen	01.03.39	

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	All	Cat	No	Cat	Name	Time	Remarks
	19	19	472	RRF	Tish James	01.08.26	
Category	All	Cat	No	Cat	Name	Time	Remarks
Wheel Chair Men 5km	1	1	458	WCM	Ashwell Louw	00.31.10	
	2	2	466	WCM	Thembelani Tsutsu	00.35.02	
	3	3	460	WCM	Theodore Mckay	00.38.37	
	4	4	453	WCM	Nkuthalo Duna	00.40.15	
	5	5	3053	WCM	Nini Van Der Merwe	00.40.40	
	6	6	457	WCM	Brian Kanengoni	00.42.51	
	7	7	454	WCM	Raymond Dunjwa	00.44.42	
	8	8	461	WCM	Nathan Onkruid	00.45.25	
	9	9	456	WCM	Jeremy Hazell	00.50.38	
	10	10	451	WCM	Ganief Damons	00.55.31	
	11	11	449	WCM	Nevill Barendse	00.57.36	
	12	12	464	WCM	Johannes Smith Snr	00.58.12	
	13	13	487	WCM	Sbongiseni Jaca	01.07.25	
	14	14	448	WCM	Nikolan April	01.10.03	
	15	15	462	WCM	Johnny Riddels	01.11.15	
	16	16	486	WCM	Sipho Zondi	01.43.04	
Category	All	Cat	No	Cat	Name	Time	Remarks
Wheel Chair Wom 5km	1	1	445	WCF	Jackie Windvogel	00.32.27	
	2	2	434	WCF	Elsabe Kruger	00.50.28	
	3	3	480	WCF	Ntombi Zakwe	01.07.29	
	4	4	441	WCF	Lee-Ann Roodeman	01.10.06	
Category	All	Cat	No	Cat	Name	Time	Remarks
Motorized Chair Men 5km	1	1	4003	MCM	Freddie Van Der Walt	00.28.28	
	--	--	510	MCM	Tazwell Williams		
	--	--	507	MCM	Dalton Nuweveldt		
	--	--	506	MCM	Nicholas Mfecane		
	--	--	509	MCM	Taswell Williams		
	--	--	505	MCM	Stevens Marlon		
	--	--	504	MCM	Lionel Isaacs		
Category	All	Cat	No	Cat	Name	Time	Remarks

Hermanus Wheels & Runners 2010

Final Results 3

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Group or Category	Pos in		Rider Details			Final Results	
	All	Cat	No	Cat	Name	Time	Remarks
Motorized Chair Wom 5km	1	1	501	MCF	Johnalise Booysen	00.35.21	
	2	2	503	MCF	Johanna Januarie	00.40.00	
	--	--	502	MCF	Ashlene Hunter		
Category	All	Cat	No	Cat	Name	Time	Remarks
Wheelchair Men UL 1,3km	1	1	612	ULM	Wendall Smith	00.13.48	
	2	2	606	ULM	Keanu Cuiens	01.15.49	
	3	3	485	ULM	Syanda Mthembu	01.24.00	
	4	4	7080	ULM	Keanu Cuiens	01.05.36	
Category	All	Cat	No	Cat	Name	Time	Remarks
Wheelchair Wom UL 1,3km	1	1	602	ULF	Alet Moll	00.29.13	
	--	--					
Category	All	Cat	No	Cat	Name	Time	Remarks
Jnr Runner Girls 5km	1	1	402	JRF	Anri Nortje	00.28.41	
	2	2	401	JRF	Angela Briton	00.45.30	
Category	All	Cat	No	Cat	Name	Time	Remarks
Jnr Runner Boys 5km	1	1	409	JRM	Thulani Tabete	00.16.10	
	2	2	407	JRM	Mthobisi Magubane	00.16.11	
	3	3	474	JRM	Jacques Grobler	00.16.17	
	4	4	8022	JRM	Matthew Coombe	00.24.53	
	5	5	404	JRM	Michael Du Plessis	00.25.07	
	6	6	406	JRM	Shuaib Ferris	00.28.46	
	7	7	405	JRM	Moegammad Ferris	00.28.47	
	8	8	475	JRM	Anton De Villiers	00.28.49	
	9	9	403	JRM	John Du Plessis	00.29.13	